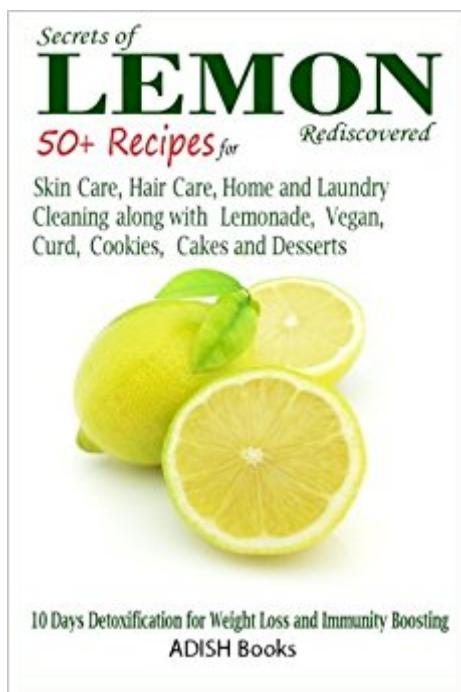


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Secrets Of Lemon Rediscovered: 50 Plus Recipes For Skin Care, Hair Care, Home Cleaning And Cooking



Synopsis

Don't You Want Natural and Effective Homemade Remedies to Hundreds of Pinching Problems Faced by Almost Every Household? Here is the solution for Home cleaning, Stain, Rust, Skin care, and Hair care along with mouth-watering Vegan recipes. *LEMON: A SMALL, INNOCENT LOOKING, OVAL SHAPED, YELLOW FRUIT CAN DO WONDERS FOR YOU * Lemon is the best and sometimes the only answer to many big problems, and the cost is minuscule when compared to its qualities. Once you start using it for its optimum use, it is guaranteed that it will become an integral part of your household and an ever present member of your kitchen The lemon fruit is a hybrid of sour orange and citron. It grows on a small evergreen tree that is native to Asia, but it is cultivated throughout many parts of the world. Lemons are primarily used for their juice, which is about 5% citric acid with a sour taste. In this book, you will find multiple uses of lemons in different walks of your life. Medicinal Uses: This Book describes the miraculous properties of the Lemon for curing various common and critical illnesses. - Diabetes - Osteoporosis - Insomnia - Immunity Boosting - Cough and Cold - Travel Sickness - Acne - Heartburn - Detoxification - Weight Loss Beauty Care: Lemon is an amazing fruit for Beauty Care because of its constituting molecules. By reading this book you will understand how to make Natural Homemade and Effective beauty care products. -In this book you will find recipes for - Scrubs - Face Masks - Toners - Skin Softeners - Foot Soaks - Bath Soaks - Dandruff Cures and much more House and laundry Cleaning: Lemon will prove to be a star warrior when it comes to cruising against Dirt, Dust, Stains, Spots, and Rust, etc. Lemon has hundreds of uses as far as cleaning is concerned. Some of them are - Window, Metal, Microwave, and Furniture etc. Cleaner - Sanitizer, Deodorizer, Fragrance, and Insect Repellant - Removing Rust from Cloths and Bleaching White Cloths and much more Cooking Recipes: When it comes to cooking, you will be quite surprised to know how some of your old dishes become tastier after including lemon as one of its ingredients. The sour taste of lemon adds stars to any food and you will find a variety of recipes for - Lemonade - Vegan - Curd - Cookies - Cakes - Desserts And you will also find a well proven 10 days Master Cleanse Lemon Detoxification Plan for Weight Loss and Immunity Boosting Download now and get the benefits from the wonderful virtues of this small sized, big gift of nature. Scroll to the top of the page and select the buy button

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Customer Reviews

There is a basic history and overview at the beginning. It's brief -- and then the book is divided into different categories (uses in food, drinks, household cleaning, etc). There are plenty of recipes in each category. The author keeps things simple. It's super easy to follow. I consider that the best thing about the book. Personally, the simplicity of it makes me want to experiment beyond the hair care and drink recipes that made me want to buy this book in the first place. Definitely interesting, and a nice thing to have around the house. Especially for those looking for alternatives to chemical based cleaning.

This is a great book to refer to often. Recipes for skin and hair products. My mom rinsed my hair in lemon water when I was a young girl. Food Recipes included. I haven't done this yet but looking forward to making GARLIC AND LEMON SPAGHETTI. Mashed Potatoes with Lemon Zest. Lemon Curd is one of the things we always request for our High Tea we attend yearly. This book has four recipes for Lemon Curd one is an easy recipe for the microwave. Small jar of Lemon Curd is \$6.00 at a local restaurant chain. It is a good homemade gift item. COOKIES, LEMON TART, PUDDING, ICE CREAM, CAKES good things to use for families. Lemon Detoxification, and more. This book covers so much information including Essential Oils:Lemon Oil. Lemons are alkaline in the body. So if you are interested in making your body more alkaline for health. This book is a good start. I recommend this book SECRETS OF LEMOM REDISCOVERED

While there is a fair amount of info here, it would be greatly improved by adding pics for illustration. It is not just about recipes but instructions for home made cleaning, skin care and other ideas. The reviewer is the author of the new Kindle book entitled: **SEX EDUCATION FOR ADULTSSECRETS TO AMAZING SEX AND HAPPILY EVER AFTER TOO**

This book is a comprehensive compilation of recipes that you can make at home for skin, hair and more. It is even an interesting read because it explains the benefits in detail. ALL the store bought products are outrageously expensive but we have all we need in the simple, little lemon. I was already drinking warm lemon water in the morning, noon, night, and whenever I go out to a restaurant. I just didn't realize the benefits. I just thought it was really good and refreshing. If being healthy and frugal is your wish then this is the book for you. Plus, I feel clean just thinking about the next recipe that I'm going to try.

The author provided a number of beauty and food recipes that seem to be worth trying. Some of the health benefits described by the author were preceded by "research shows." The problem was there were almost no resources for the "research" given.

The book was well written and informative. The discussion of uses for lemons followed by recipes and ingredients for personal care products using lemons is phenomenal. I would suggest this book for anyone seeking new ideas for healthy living.

I cannot begin to tell you how beneficial this book is. I have a warm glass of water with 1/2 organic lemon or 3 drops of young living lemon oil every morning. helps detoxify the liver. I put it in my laundry, on my skin, my nails, to clean my wooden floors. The recipes are just fantastic and endless.

The cooking and baking recipes look delicious and easy. Best part of the book. Uses of lemon essential oil should be under their own heading. Health benefit claims should be supported with references and/or footnotes. Some of the cleaning recipes look like they'd be better without the lemon juice -- white vinegar would be more readily available and certainly cheaper, and still qualify as a natural ingredient. Overall the book would benefit from better organization.

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